

Sunset Notes

February Vacation

Winter Break is Monday, February 24 through Friday, 28.

Winter Weather Rules

The winter weather is upon us and we feel it is time to remind all parents and students about our Sunset Heights winter weather rules and students playing in the snow. Please read through our list below:

1. **Boots and Snow pants are required to be on the snow.** Students without boots or snow pants must stay on the hard top.
2. **While hats and gloves are not required, they are highly encouraged.**
3. **Snow stays on the ground** - students can build with it, but may not throw it, or kick it (snow balls quickly change to ice balls)

Please know that while these are the guidelines, there are bound to be shades of gray. As such, teachers and monitors will err on the side of caution and common sense. Thank you for your support!

Valentine's Day

Many students enjoy sharing Valentines with their classmates. This is not a requirement, but is an option for those who want to. If your child chooses to bring in things to share we respectfully ask that they are **non-food items**. This is due to students who have different dietary restrictions or allergies. We appreciate your cooperation.

Cold and Flu Season

It's winter and germs are on the rise. Flu, COVID RSV, and other illnesses can be easily spread from person to person. We are taking steps to reduce the spread of germs, we need your help to do this.

- **Keep sick children at home** for at least 24 hours *after* they no longer have a fever, without using fever-reducing medications
- Know the signs and symptoms of the Flu and COVID-19. Symptoms include fever (100 degrees or greater), cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired.
- Doctor's notes may be required for prolonged or serious illness or injury, per District policy.

Notify the Main Office if your child is staying home.

Other reasons for a child to stay home:

- Drainage from the nose that is thick, dark yellow or green. Drainage should be clear color before returning to school
- Diarrhea and vomiting. Episodes of either of these are reasons for dismissal from school and a child must stay home for **at least 24 hours after** these symptoms stop
- Rash- until a doctor determines that the rash is **NOT** a communicable disease.
- Conjunctivitis (Pink Eye)- white, yellow, green discharge from eye(s).

Strep Throat- your child must be on antibiotics for **24 hours** before they can return to school

Reminders from the Office

- **Change in Dismissal** - If you know before your child leaves the house that there will be a change in the afternoon dismissal please write a note for your child to give to his/her teacher.
- **Early Dismissals** – we understand that there is a need to periodically dismiss your child early due to appointments. It would be appreciated if this could be done before 3:10 PM.
- **Morning Drop Off** is no earlier than 8:50 and at 9:00 AM the child should be in the classroom beginning their day. If they arrive after 9:00 AM then they are considered tardy.
- **If Your Child Will be Late or Absent** - If your child will be late due to an appointment or out sick for the day, please call 603-966-3694 and leave a message on the attendance line. This will help to alleviate the automated absenteeism phone call.
- **Moving/Change of Address** – Any time there is a change to the address we have on file for you we need to be notified. A new proof of residency will need to be presented whether it's a lease, current utility bills or a purchase and sale agreement.